

# Arvik **ARVIKA** triathlon

Kort Motion

Totalresultat : Male

Pos	No	Name	Club	Time	Swim	Pos	Cycle	Pos	Run	Pos
1	157	Anders Frykblom	Set Sail IF	01:02:36	00:08:57	3	00:34:33	1	00:19:06	2
2	200	Trond Atle Smedsrud	Team Powerade	01:03:39	00:09:41	7	00:34:34	2	00:19:24	4
3	250	Glenn Zettervall	I 2 IF Karlstad Triathlon	01:04:59	00:09:23	5	00:36:15	5	00:19:20	3
4	150	Arvid Blix	Set Sail IF	01:05:44	00:09:28	6	00:35:43	3	00:20:32	7
5	169	Erik Sundström	Ser Sail IF	01:06:03	00:09:05	4	00:36:04	4	00:20:52	9
6	151	Niklas Bohlin	Nordic Wellness Göteborg	01:07:47	00:09:57	12	00:39:20	13	00:18:29	1
7	170	Martin Tyrenhag	Solsta CK	01:08:10	00:08:37	1	00:38:53	10	00:20:39	8
8	154	Carl-Ola Danielsson	FK Spänst	01:08:20	00:09:50	10	00:38:34	7	00:19:56	5
9	249	Henrik Sundell	I 2 IF Karlstad	01:09:19	00:10:10	13	00:38:43	9	00:20:25	6
10	153	Jonas Bäckman	R.A.S.K.	01:10:42	00:11:52	22	00:36:33	6	00:22:16	12
11	177	Jonas Karlsson		01:11:25	00:10:13	14	00:39:40	16	00:21:31	10
12	172	Niklas Karlsson	FK Spänst	01:12:04	00:09:43	8	00:40:42	20	00:21:38	11
13	156	Emil Engqvist	FK Spänst	01:13:27	00:09:46	9	00:38:39	8	00:25:00	18
14	160	Niklas Jakobsson	Bryggudden	01:13:39	00:08:57	2	00:41:08	22	00:23:34	14
15	168	Fredrik Stodne	östra ämtervik	01:14:45	00:11:57	23	00:39:09	11	00:23:37	15
16	175	Tommy Lindskog	Mölnadal Outdoor IF	01:15:21	00:11:34	19	00:39:35	15	00:24:11	16
17	176	Finn Midbøe	FK Spänst	01:15:46	00:12:38	25	00:40:33	18	00:22:35	13
18	167	Michael Soare	Solsta CK	01:16:01	00:11:41	21	00:39:15	12	00:25:04	19
19	162	Christian Krohn	I 2 IF Karlstad	01:16:51	00:10:56	15	00:41:05	21	00:24:49	17
20	155	Simon Djupström	Karlskoga	01:17:15	00:11:31	18	00:40:34	19	00:25:10	20
21	166	Sören Room	Hälsokompaniet	01:19:03	00:11:35	20	00:39:35	14	00:27:53	23
22	158	Marcus Frödin	Univers Imagine team	01:19:25	00:11:14	16	00:41:26	24	00:26:44	22
23	164	Andreas Lovgren	CGI IF	01:19:39	00:09:54	11	00:40:25	17	00:29:19	25
24	152	Henrik Borg	Södertälje	01:21:03	00:11:19	17	00:41:17	23	00:28:25	24
25	198	Jonas Strömberg	Qbik	01:24:32	00:12:03	24	00:46:02	26	00:26:27	21
26	201	Espen Lauritzen	R.A.S.K.	01:27:26	00:14:30	26	00:43:25	25	00:29:30	26
27	173	Gösta Frödin	Gunnarskog	01:36:25	00:18:39	27	00:47:37	27	00:30:08	27